



Joe F. Turnbow, M.D., P.C.
Heart Attack Prevention Strategies, P.C.
5330 Manhattan Circle, Suite A
Boulder, Colorado 80303
303-554-4353 www.heartcare1.com

Dear Patient,

Heart Attack Prevention Strategies is pleased to welcome you! Thank you for committing to this important task by investing in your cardiovascular health. Our clinic is committed to you and we know if you give attention now to your health, with our help and advice, you will enjoy many lasting benefits.

I am an Emergency Medicine trained physician with over 20 years of patient care experience. Many times in the emergency department when treating a healthy looking 43-year-old man having a heart attack, I would wonder how this could be. Then, about four years ago at a medical conference, I heard Dr. Bradley Bale say, "The standard of care for cardiovascular care will get your patient killed." I became extremely interested in Dr. Bale's evidence based method using advanced diagnostic tests and aggressive treatment when needed.

Since then I have devoted much time studying the available knowledge on this and I have also trained with Dr. Bale. In the clinic, we have now treated approximately 350 patients here in Boulder with risk factors, or proven atherosclerotic plaque, with excellent results. And just like Dr. Bale, we are also seeing reduction of plaque in many patients. I have a personal passion about this, and I am thrilled we are now able to offer it to you at Heart Attack Prevention Strategies, P.C.

It is important to know we are a specialty clinic and not a replacement for your current health care provider. Your physician and/or cardiologist will receive a personal detailed letter including test results, diagnosis and the treatment plan for follow-up care.

On your first visit we will perform a comprehensive individual assessment, looking at all aspects of your health picture as they relate to your vascular health. We will then follow-up with a treatment plan personalized for you. Our treatment plans include many aspects of cardiovascular advice tailored to your needs and lifestyle. Our goal is to build a relationship and trust with you and your doctor.

With a comprehensive aggressive approach, regression of disease can occur. Our approach, with the help of Dr. Bale's known method, can help those with current disease, as well as persons who do not have a known disease but are at risk from these silent killers, stay alive. The debilitating effect of heart attacks, strokes, and diabetes, not to mention the socioeconomic impact, touches all of our lives.

Look over the following paperwork and fill it out as thoroughly as possible. Feel free to call our clinic with any questions. Please note Heart Attack Prevention Strategies does not accept insurance plans, so payment is expected at the time of service. We will provide you a statement at the time of service with all appropriate information needed to submit to your insurance company for direct reimbursement or we will submit it for you, if you wish. Thank you for your cooperation in this matter.

I look forward to working with you and your health care provider and I am confident after visiting our clinic you will have the tools necessary to achieve optimum vascular health.

Sincerely,

Joe F. Turnbow, M.D.